



Practical ways that the Holy Spirit helps us – Bible study

Objective

Today's bible study is aimed at helping us understand the specific ways in which the Holy Spirit helps us on a daily basis.

Introduction

John 6:63 It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.

When you are in partnership with the Holy Spirit, He brings life through to every part of our lives. When Jesus walked the earth He was involved in every area of the life of His disciples. They lived together, ministered together and experienced every facet of life together. Jesus visited & helped them at work. He was in their family homes. He was everywhere in their lives.

When Jesus went home to be with the father, He sent us the Holy Spirit to take His place. God's intention is that the Holy Spirit will be absolutely present in every area of our lives too!

He brings profit in all of these areas. When we live our lives purely on the basis of our flesh, our senses, our feelings, our needs, our desires, Jesus says, there's no profit in that. The profit is in the Spirit who brings the God kind of life into every area of our life.

I wonder if there are areas of your life that you feel, I could use an infusion of Zoe life? The Holy Spirit is ready and willing to get involved with you. We just need to get an understanding of how he can help us on a daily basis, so that we can begin to consciously invite Him into every area of our lives.

Let's look at some areas of our lives in which the Holy Spirit brings life in very practical ways



Four ways that the Holy Spirit helps us daily

LEADERSHIP

Numbers 27:18 (NIV)

18 So the Lord said to Moses, "Take Joshua son of Nun, a man in whom is the spirit of leadership,[a] and lay your hand on him.

The Spirit of God anoints for leadership. Most times we think about this just in terms of "Ministry", but the reality is that ministry is not just at church. In God's eyes, your ministry is everywhere you are, school, work, business, at the supermarket.

God is so invested in leadership that the bible says he has the hearts of kings in His hands and He turns it whichever way He pleases. **Proverbs 21:1.**

He anoints leaders because leaders make decision at church, at work, in business everywhere they are, they make decisions that affect people. God wants to use you to make a difference in the lives of others, so He anoints you with the Holy Spirit for leadership. Don't shy away from responsibility and leadership, wherever you are. God wants you there, he wants you influential, and you won't do it in your strength, he will anoint you to do it!

In **1 Samuel 11**, the people were threatened by the ammonites. They besieged a town called Jabesh Gilead. The people were not sure what to do.

As we read through the story, we see the spirit of God helping Saul execute brilliantly as a leader. We see the Spirit stir Saul up by making him angry at the situation. We see communication, team building, motivation, strategy, encouragement and ultimately execution. All of these things are leadership attributes we all need wherever we are. The Holy Spirit supplies them all!

Listen, it doesn't matter how complex that project at work is. How complicated things are in your business, how threatened your livelihood is by Brexit, or a slump in the market place. Maybe your company is facing a difficult time right now, the Holy Spirit, can empower you



to lead from where you are right now! You don't need a promotion, you don't need a title, you just need the Holy Spirit!

Every day of our lives, there is an ever present helper available. I have found that leadership can be such a lonely journey. You're putting out other people's fire, when you don't even know what to do with yours! The Holy Spirit will help you. Ask Him. Don't try to be a hero in the eyes of God, ask for help. He will help you in the smallest or the biggest leadership task.

Some of you have by passed leadership opportunities that God brought your way because you didn't think that you could do it. But when God called you to that position, He wasn't expecting you to lead that transformation by your power or might, but by the Spirit of God!

Read : 1 Samuel 16 :13, Judges 6 :34, Judges 11 :29

DELIVERANCE

It is in the nature of God to take it upon himself to be your deliverer!

Psalms 34:19 - Many are the afflictions of the righteous, But the Lord delivers him out of them all.

The bad news is that even the righteous are not exempt from afflictions. The good news however is the God delivers them from them ALL!

God delights in your deliverance!

In **Judges 13:10**, the bible tells of a guy named Othniel, the scriptures says **The Spirit of the Lord came on him, so that he became Israel's judge[b] and went to war. The Lord gave Cushan-Rishathaim king of Aram into the hands of Othniel, who overpowered him.**

What do you need deliverance from? Please believe that the Holy Spirit is present to facilitate your deliverance. He can facilitate your deliverance by equipping somebody to deliver you. He can equip you to facilitate your deliverance and the deliverance of others.



You are not without a way out. Don't buy the lie that you irreversibly stuck. Acknowledge that you feel stuck. Acknowledge that the challenge you face might be too big for you to deal with. But also acknowledge that the Holy Spirit is your deliverer! He is willing and able to deliver you!

This is why we walk through the valley of the shadow of death with confidence!

BOLDNESS

The Holy Spirit helps us with boldness daily. So many people leave the best parts of life on the table because they're not bold enough to go get it!

The Spirit of God makes you bold! As the righteousness of God, boldness is the will of God for you! There are doors that will open up to you on the basis of your boldness. People that will respond to you if you are bold enough to ask!

I have seen God heal deaf ears, open up wombs, bring about breakthroughs and the only difference was that I was bold enough to lay hands on the ear or bold enough to tell people believing for children that their time has come!

The disciples were uneducated fishermen. They were well educated in their craft of fishing, but not in the laws of Moses. But as they received the Holy Spirit, we see them on many occasions standing before the Pharisees and other religious experts, explaining scripture! Peter preached a phenomenal message in Acts 2, with so much revelation and information. Because the Holy Spirit will cause you to be bold, in spaces that you'd be expected to be intimidated!

Read: ACTS 4:8, 31 ACTS 6:10, 1 THESSALONIANS 1:5

SKILL

The Holy Spirit helps you to be skillful! Being a Christian should never be a "get out of doing a good job" card. As a Christian, you shouldn't just expect people to buy your rubbish products because of "favour". The favour of God in your life is given to enhance



your skill, not to excuse you from skillfulness! Christians should not be producing shoddy products. We should be the most skillful people at our work place!

Exodus 35:31 and he has filled him with the Spirit of God, with wisdom, with understanding, with knowledge and with all kinds of skills— 32 to make artistic designs for work in gold, silver and bronze,

Look at what the spirit of God supplies you:

Wisdom: the correct application of knowledge. So whilst you're amongst your fellow experts, everybody has knowledge about the subject matter, but the Holy Spirit can help you with knowing how to apply the knowledge to produce the best results!

Knowledge & understanding: intelligence, comprehension, insight. You know sometimes you're sitting in that meeting and it just feels like everything is going over your head! Or your sitting in a lecture and you can't comprehend what's being taught. The spirit of God steps in if you ask Him, and he'll give you Understanding. Insight! Or your child is playing up; the spirit of God can give you insight so that you're not fighting symptoms. So that you understand that when they said they hate you, they weren't talking about you really. They were talking about the situation. The Holy Spirit can save you years of heartache by giving you enough understanding so you can deal with the root issue.

CONCLUSION

The Holy Spirit is purest with every one of us today. He has so much to offer us. He is the space in which God designed that we live, move and have our being. However, He responds to thirst! We have got to desire Him. We have to acknowledge that He is not just a special add on to our life. He is the source of our lives! Do you recognize your need for Him yet? How many times have you asked His opinion on your life today? Have you factored His contributions to your life when you were making conclusions about the outcome of the situation you find yourself in?

As you choose to embrace Him afresh today, I'd like to welcome you to a season of turnaround and supernatural acceleration! Expect to make significant progress in this season.



Discussions :

- What other ways have you experienced help from the Holy Spirit?
- Share a time when you were helped by the Holy Spirit in a practical way
- Share or think about a time when you know you acted in the flesh and not with the help of the Spirit
- What kind of things hinder us from engaging the Holy Spirit ?